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C4P News

Newsletter Theme: Parenting Children with Special Needs

C4P Staffing Update

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C4P Trivia Question

When were the 1st International Special Olympics Summer Games held?

- A. May 1975
- B. July 1968
- C. June 1945
- D. May 1912

The first person to send the correct answer to center4parenting@utk.edu will receive a \$5 Starbucks gift card.

Featured Program

The Vanderbilt Kennedy Center (VKC) works with and for people with disabilities and family members, service providers, researchers, and policy makers.

Listed below, are some of the VKC resources that support families. For a full list of programs, see their Website (link provided below).

- **Tennessee Disability Pathfinder-** When families are looking for disability services in Tennessee, they can turn to Tennessee Disability Pathfinder for help. This free statewide referral service connects the Tennessee disability community with service providers and resources. Contact www.familypathfinder.org, (615) 322-8529, toll-free (800) 640-4636.
- **Vanderbilt Autism Resource Line-** When families are looking for autism services within the Vanderbilt community, they can call the Vanderbilt Autism Resource Line. A Coordinator will provide information and resources about clinical, research, and training programs at Vanderbilt. Contact Toll-free: 1-877-273-8862, Local: 615-322-7565, E-mail: autismresources@vanderbilt.edu.
- **Vanderbilt Kennedy Center Website-** The VKC Website provides information for multiple audiences. It also lists and describes the Center's training, clinical, and outreach activities. Their quarterly newsletter, *Discovery*, and their free downloadable education materials on a variety of disability-related topics are available in the resources section. For information on VKC programs, products, and activities visit, <http://kc.vanderbilt.edu>, or call (615) 322-8240 or Toll-free (866) 936-8852.

Meetings and Trainings

Center for Parenting Regional Parenting Education Conferences will held. March 30th in Murfreesboro and March 31st in Jackson Tennessee. If you are interested in attending, please let us know by emailing the C4P at center4parenting@utk.edu or be watching for registration information coming soon.

"Promoting Healthy Weight Colloquium. Early Childhood: Nutrition, Physical Activity, & Parenting." The Colloquium is offered by the University of Tennessee Public Health Nutrition Program on Friday, March 25, 2011 from 12:30-5:00 pm at the Howard Baker Center on the UT campus. The conference will be webcast live also! This event is free for online and onsite participants. Registration will open on February 18, 2011. For more information go to: <http://nutrition.utk.edu/seminars/HealthyWeightColloquium.html>.

Children's Advocacy Days, March 15-16, War Memorial Building, Nashville. Click on this link to register: www.cad2011.eventbrite.com

Learn the signs: act early

This is a great website from the CDC designed to help parents recognize the developmental milestones necessary in a child's life for proper development. This website is also available in Spanish. <http://www.cdc.gov/ncbddd/actearly/index.html>

Featured Resources

For Professionals:

Ordinary Families, Special Children Third Edition: A Systems Approach to Childhood Disability (2009) by Milton Seligman PhD and Rosalyn Benjamin Darling PhD.

In this book the authors examine how child, family, ecological and sociocultural variables interlace to influence ways families respond to disability and how professionals can promote coping, adaptation and empowerment. The authors take a multisystem perspective on childhood disability and its effects on family life through theory, research and reflections from family members.

For Parents:

Parenting Special Needs Magazine

This is an online magazine serving the special needs community. Take a look at their website and subscribe for free : <http://parentingspecialneeds.org/>

Special needs alliance

The Special Needs Alliance (SNA) is a national, not for profit organization of attorneys dedicated to the practice of disability and public benefits law. Individuals with disabilities, their families and their advisors rely on the SNA to connect them with nearby attorneys who focus their practices in the disability law arena. For more information go to: <http://specialneedsalliance.com/home>.